

FEATURES

This 4 – Alarm Talking Watch provides useful functions to run your daily routines more efficiently. For example, you can set up the 4 talking alarms to remind you of 4 medicine-taking time, or use the talking stopwatch to time and track your activities. Its features include:

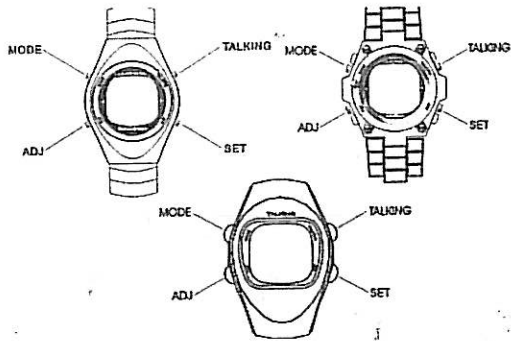
Time and Date Announcement – let you hear the time as well as date announcement.

Four Talking Alarms – helps remind you of daily routines.

Talking Stopwatch with Lap – lets you keep track of your time spent on activities and record lap times.

Hourly Time Announcement – lets you hear the time every hour on the hour.

100 Year Calendar – gives you the correct date from 2000 to 2099



SETTING THE TIME, 12H/24H, YEAR, MONTH AND DATE

Note: While setting the time and date, if you do not press any key for more than 1 minute, the watch will confirm and return to the current time display.

Follow these steps to set the date and time.

1. Repeatedly press **MODE** until you hear the time announcement and the display shows the time and day of the week.
2. Press and hold down **SET** for more than 2 seconds until you hear "Time set" and the 24H or 12H digits flash on the display.
3. Repeatedly press **ADJ** to select 12H or 24H.
4. Press **SET**, you hear "hour set" and the hour digits flash.
5. Repeatedly press (or hold down) **ADJ** to set the correct hour. The watch announces the hour as it advances on the display.
6. Press **SET**, you hear "Minute set" and the minute digits flash.
7. Repeatedly press (or hold down) **ADJ** to set the correct minute.

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(October is not announced). Press **SET** again, it displays the year, press **SET** again to return to normal time display.

SETTING THE ALARM TIME

The watch lets you set 4 daily alarms, follow these steps to set the alarm.

1. Repeatedly press **MODE** until you hear "Alarm One" and **AL** and **-1** appear on the LCD.
2. Press and hold down **SET** for more than 2 seconds until you hear "Alarm 1 set, hour set" and the hour digits flash on the display.
3. Repeatedly press (or hold down) **ADJ** to set the hour. The watch announces the hour as it advances on the display.
4. Press **SET**, you hear "Minute set" and the minute digits flash.
5. Repeatedly press (or hold down) **ADJ** to set the minute. The watch announces the minute as it advances on the display.

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on" and "A" appears on the display. To turn off the alarm, press **ADJ** again and you hear "Alarm One Off" and "A" disappears.

3. Press **MODE** to go to Alarm 2 and repeatedly press **ADJ** to turn on/off alarm 2.
4. Repeat step 3 for Alarm 3 and Alarm 4.

At the preset alarm time, the alarm sounds for 1 minute and turns off automatically. To silence the alarm sooner, press any key.

The following is an example of the alarm sound.

"Alarm 2, Good morning, it is 7:30 AM, di, di, di, di" repeating for one minute.

TURNING THE HOURLY TIME ANNOUNCEMENT ON OR OFF

You can set the watch to announce the time every hour on the hour. To turn on the hourly report, repeatedly press **ADJ** until you hear "Hourly

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Case 1: when the timer is not running (digits do not change, and ":" is not flashing): press **SET** once or twice until "0:00 00" appears on the display.

Case 2: when the timer is running in the front (digits are changing): Press **ADJ** then **SET** to reset to 0:00 00.

Case 3: when the timer is running in the background (digits do not change, and ":" is flashing): press **ADJ** then **SET** twice to reset to 0:00 00.

3. Press **ADJ** to start the timer. The stopwatch starts and announces timing.
4. To stop or pause count up, press **ADJ**. To resume the timer, press **ADJ** again and the stopwatch timer continues from the displayed time.
5. To reset the timer to 0:00 00, press **ADJ** to stop the timer, then press **SET**.

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The watch announces the minute as it advances on the display.

8. Press **SET**, you hear "Year set" and the year digits flash.
9. Repeatedly press **ADJ** to set the correct year.
10. Press **SET**, you hear "Month set" and the month digits flash.
11. Repeatedly press **ADJ** to set the correct month.
12. Press **SET**, you hear "Date set" and the date digits flash.
13. Repeatedly press **ADJ** to set the correct date.
14. Press **MODE** to complete setting and return to the time display

LISTENING TO THE TIME AND DATE ANNOUNCEMENTS

To hear the time announcement, simply press **TALKING**. The watch announces for example "It is 10: 25 AM".

To hear the date announcement, press **SET**, the watch reports for example "Today is the twenty-third" if date 10 23 appears on the display

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6. Press **MODE** to complete alarm setting.
7. Repeatedly press **ADJ** until you hear "Alarm 1 on" and "A" appears on the display to turn on the alarm.

8. Repeat steps 1 to 7 to set alarm 2, 3 and 4.
9. Repeatedly press **MODE** until you hear the current time announcement to return to the time display.

Note: While setting the Alarm time, if you do not press any key for more than 1 minute, the watch will confirm and return to the Alarm time display.

TURNING THE ALARM ON AND OFF

You can easily turn on and turn off the alarm using the following steps.

1. Repeatedly press **MODE** until you hear "Alarm one"
2. To turn on the alarm, repeatedly press **ADJ** until you hear "Alarm one

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report on" and "((••))" appears on the display. To turn off the hourly report, press **ADJ** again and you hear "Hourly report off" and "((••))" disappears. The following is an example of hourly announcement. "It is 8:00 PM"

USING STOPWATCH (COUNTUP TIMER)

The maximum count up timer (stopwatch) is 24 hours. When the timer reaches 23:59:59, it resets to 0:00 00 and begins counting up again. Follow these steps to operate the stopwatch.

1. Repeatedly press **MODE** until you hear "Stopwatch" and "ST" appears on display.
2. If the display does not show 0:00 00, follow these steps to reset to 0:00 00.

RECORDING LAP TIMES

The lap function lets you freeze the display, document the timed reading, and then return to the stopwatch timer to see the advancing time.

You can monitor lap times continuously as long as the stopwatch continues to run.

Follow these steps to measure lap times.

1. Repeatedly press **MODE** until you hear "Stopwatch" and "ST" appears on the display.
Note: If the display does not show 0:00 00, follow the steps described in **USING STOPWATCH** to reset to 0:00 00.
2. Press **ADJ** to start the stopwatch timer.
3. When the first lap is finished, press **SET**. The stopwatch display freezes, but the stopwatch timer continues to run in the background. The ":" in the elapsed time flashes.

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4. When you have documented the lap time, press **SET**. The display changes to show the advancing time (was in the background) on the stopwatch timer.
5. Repeat Steps 3 and 4 for each additional lap.
6. Press **ADJ** to stop the stopwatch. Then press **SET** to reset the display to 0:00 00.

The stopwatch announces the elapsed time according to the following:

Elapsed time	Voice Announcement
0 to 9 seconds	every second
10 to 59 seconds	every 10 seconds
	every minute